



Certificate of Completion

State of California Virtual Training Center

Webinar Attendance

The undersigned participant attended a training webinar for California state employees.

_____	Stress Reduction	
Name of Participant	_____	
_____	Title of Webinar	_____
Participant's Signature	45 minutes	_____
	Length	Date of Completion

Ronald Yank, Director
California Department of Personnel Administration

Please provide a copy of this completion certificate to your manager or supervisor and your Training Officer